



Dining with Diabetes: Take Charge of Your Diabetes

Working toward a healthier lifestyle begins with YOU!

Take Charge of Your Diabetes

Reviewing important reminders and general information related to a healthy diet for people with and without diabetes.

Food Demo and Tasting

Tuesday, March 6, 2018
5:30 p.m.

Morrow County Community Center
16 S. Main St.
Mt Gilead, OH 43338

Register at the Morrow County Community Center

